



دولة الكويت
برنامج الأمم
المتحدة الإنمائي



دولة الكويت
المجلس الأعلى
للتخطيط والتنمية



جمعية نفع عام



Directory of The Psychological Services In the State of Kuwait





His Excellency Sheikh Nawaf Al Ahmad Al Jaber Al Sabah
Crown Prince of the State of Kuwait



His Highness Sheikh Sabah Al Ahmad Al Jaber Al Sabah
Amir of the State of Kuwait



Directory of The Psychological Services In the State of Kuwait

Contents

	10
KALD's Chairperson Message	13
Introduction	15
Non-Profit Organizations	17
Kuwaiti Association For Learning Differences (KALD)	18
Centre For Child Evaluation And Teaching	20
Kuwait Dyslexia Association	22
The Kuwaiti Society For Guardians Of The Disabled	24
Public Organizations	27
Developmental Pediatric Unit, Pediatric Department, Al Sabah Hospital	28
Social Development office- Council of Ministers Diwan	30
Kuwait Center for Mental Health	32
Private Organizations	35
Al Seef Hospital	36
Soor Center For Professional Therapy & Assessment	38
Applied Behavior Center Of Kuwait	40
Fawzia Sultan Rehabilitation Institute (FSRI)	42

Contents

Kuwait Counseling Center	44
Kaizen Center	46
Fatma Clinic	48
Q8 National Center For Educational Consulting & Training	50
Dr. Abeer Awadh Clinic	52
Al Razi Center For Educational, Social and Psychological Counseling	54
Kuwait Center For Learning Disabilities	56
AL- Dana Center For Psychological Social And Educational Consultation	58
TCRC Tatweer Int. Counseling, Research Center	60
Thawabt Consultancy & Training Co.	62
Mashael Alzafiri Center For Healing Energy (Reiki) And Social Psychological Counseling	64
Therapia Medical Center For Physiotherapy	66
The Guidance Centre For Social And Psychological Consultation & Training	68
Sama Psych/Social Therapy & Alternative Medicine Center	70
Behavior & Family Consulting Center	72
Al Smou Company For Psychiatric And Social Consulting	74
Dr. Abdulla Gholoum Clinic	76

“ We believe that **every student** has learning difficulties **is able to succeed** both in school Or at work, as well as in **building** a social **life** for himself and can also be a **Active member** in the community ”





KALD's Chairperson Message

KALD's Chairperson Message

While I am writing this introduction. Suddenly found my self go back in time thirteen years ago. like other parents i was desperately looking for centers or clinics to help me understand the new terminologies that had entered into my life and my child's as "Learning Difficulties- LD" and "Attention Deficit Hyperactivity Disorder- ADHD".

In order to help families with children with Learning Difficulties, I founded the Kuwaiti Association for Learning Differences (KALD). From the very Beginning, KALD believed in the importance of early diagnosis in the treatment of not only the learning disorders, but also in the treatment of physical, mental and developmental disorders.

Hence, it was necessary to issue this Directory to be a valid seed along with her sisters of the versions provided by other bodies of the public and the private sector and civil society organizations that all are working together to change and develop the philosophy of education for people with special needs and catch up with the education in the developed world.

Greetings to those contributed to and supported this work the first of them is Masharea Al-Khair, the charitable foundation of Kuwait Projects Company (KIPCO), The Supreme Council For Planning and Development and the United Nations Development Programme for Early Learning Challenges and Disability.

Amal Al Sayer



Introduction

Introduction

The Kuwaiti Association for Learning Differences (KALD) believed in the abilities and talents of students suffering from Learning Difficulties and Attention Deficit / Hyperactivity Disorder and the possibility of achieving academic, social and professional success if they were given the appropriate educational opportunities and have been accurately identified and diagnosed by experienced specialists.

As we believe in the importance of early diagnosis and early therapeutic intervention to achieve these successes, we have put this directory «Directory of Psychological Services in the State of Kuwait» in both Arabic and English, with the support of the Supreme Council for Planning and Development and the United Nations Development Program.

This guide contains information on many of the licensed psychological centers, operating in both private and public sectors in Kuwait, dealing directly with students Learning Disabilities and Attention Deficit / Hyperactivity Disorder. We have tried to shed light on the services provided, including helping parents, psychologists and social workers in schools to find the appropriate centers to refer these students to when needed, and request psychological counseling and do the necessary diagnostic tests.

We hope that this work will help to support our students overcome their difficulties and live the normal life they deserve and be able to achieve.

We would also like to extend our sincere thanks to all who contributed to the completion of this work and participated in the compilation of information and make sure it is correct.

Mrs. Hanan Al Mallak

Mrs. Farah Shibley

Ms. Yara Bassam

Mr. Hamd Faisal Alayyar

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Mr. Hadi Al-Khashman - language Editing (In English)

Editor

Dr. Huda Nouhad Shaban

United Nations Development Programme Expert

Educational consultant / Head of Development & Growth Department

Kuwaiti Association For Learning Differences

The background is a solid red color. It features several thin, light red curved lines that sweep across the frame. On the right side, there is a cluster of circles of various sizes, also in a light red shade, creating a bokeh-like effect.

Non-Profit Organizations

Kuwaiti Association For Learning Differences



Private ☐ Public ☐ Non-Profit Organization ☒

Date of Establishment: 2007

Brief on the Association:

The Kuwait Association for Learning Differences (KALD) is a social welfare association that collaboratively works towards helping students with learning differences in private schools in Kuwait.

Kald was established in 2007 and is funded by Masharea Al khair/ Kuwait Project Company. Its Board of Trustees comprises of educators, specialists and parents who volunteer to offer their time and effort to serve students with Learning Difficulties.

Members of KALD has chosen "Learning Differences" instead of "Learning Difficulties" because they believe that the targeted students are intelligent people and the only difference between them and other students is that they have their own way of learning.

Services offered:

1. To help and support students with learning Difficulties academically, psychologically and Socially.
2. To organize awareness programs for parents of Children with Learning Difficulties that include lectures, workshops and articles published in the media providing ways of living and adapting to those difficulties
3. To Guide parents to diagnostic centers, schools and universities.
4. To organize courses and host workshops on different Learning difficulties for the professionals working in this domain.
5. To Work and exchange information and experiences with local, regional and global institutions concerned with students with learning difficulties

6. To follow-up the new fields of learning disabilities through providing research and advanced technologies and disseminated it through the website, library, workshops and lectures held by our Association.
7. To organize awareness campaigns and International Conferences for professionals, people working in the educational field and parents.
8. To organize educational and entertaining events to students with Learning Difficulties as: Boys Camps, Girls Camps, KALD Carnival and KALD annual Talent Show.

KALD Publications

- KALD Introductory Brochure
- The Annual Report
- Directory of Institutions Working in the Field of Persons with Disabilities in Kuwait
- Self Esteem
- Dyscalculia
- Dyslexia
- Dysgraphia
- Attention Deficit Hyperactivity Disorder (ADHD)
- Students letters to parents and teachers
- Learning difficulties Series:
 - Making Friends
 - Depression
 - Bullying

Types of Assessments COMMONLY used:

- The Kuwaiti Association for Learning Differences guides Parents to the diagnostic Centers that fit their needs.

Page Editor:

Mrs. Noriya Al- Omary/ Executive Manager.

Location
Area: Surra
Block: 4
Street: 14 P.O.Box: 5453 Safat,
13055 Kuwait
Phone: 183 2000
Fax: 2535 8914
Email: kaldkt@gmail.com
Website: www. kaldkuwait.com

Centre For Child Evaluation And Teaching



Private ☐ Public ☐ Non-Profit Organization ☒

Date of Establishment: 1984

Brief on the center:

CCET was first established in 1984 in response to the needs of a group of Kuwaiti mothers who realized that their children were having difficulty with school work. CCET 's main goals include campaigning on key issues of education and employment facing individuals suffering from learning disabilities, creating knowledge, raising awareness and building capacity in the field of learning disabilities, developing and encouraging services that meet the needs of children suffering from learning disabilities including assessment, intervention, training, and champion inclusion.

Services offered:

1. Morning Educational Programme (in cooperation with MOE) & Evening Educational Programme (Intervention programmes).
2. Assessments (psychological & educational).
3. Training (MOE teachers, counsellors, social workers, parents & students).
4. Awareness services (Learning Disabilities library, Help-line, LD magazine, brochures, and books).
5. LD Research (developing standardized assessment for LD & Standardized LD interventions for teaching Arabic and Mathematics using multisensory teaching and learning).

Types of Assessments COMMONLY used: Language of Assessments

- | | | | | |
|---|---|--|-------------------------------|----------------------------------|
| 1. Kuwait Wechsler Intelligence Scale For Children - Third Edition(KWISC-III) | English <input checked="" type="checkbox"/> | Arabic <input checked="" type="checkbox"/> | Urdu <input type="checkbox"/> | Spanish <input type="checkbox"/> |
| 2. Wechsler Intelligence Scale for Children- Fourth Edition (WISC IV, UK) | French <input type="checkbox"/> | Other <input type="checkbox"/> | | |
- Population Addressed**
- | | | | |
|---|---|---|--|
| 3. Wechsler Adult Intelligence Scale (WAIS IV) | Males <input checked="" type="checkbox"/> | Females <input checked="" type="checkbox"/> | Children <input checked="" type="checkbox"/> |
| 4. Stanford-Binet Intelligence Scale - Form L-M | Couples <input checked="" type="checkbox"/> | Families <input type="checkbox"/> | Elderlies <input type="checkbox"/> |
5. Developmental Bender - Koppitz
 6. Visual Aural Digit Span Test - Koppitz (VADST)
 7. Raven's Colored Progressive Matrices
 8. Human Figure Drawing Test - Koppitz
 9. Peabody Picture Vocabulary Test – Arabic Edition
 10. Wechsler Individual Achievement Test(WIAT- III)
 11. Comprehensive Test of Phonological Processing(CTOPP)
 12. Gray Oral Reading Test(GORT 4)
 13. Arabic Mathematics Diagnostic Test
 14. Diagnostic Test in Arabic Language

Location
 Area: Surra
 Block: 4
 Street: 14 P.O.Box: 5453 Safat,
 13055 Kuwait
 Phone: 183 2000
 Fax: 2535 8914
 Email: info@ccetkuwait.org
 Website: www.ccetkuwait.org

Kuwait Dyslexia Association



Private ☐ Public ☐ Non-Profit Organization ☒

Date of Establishment: 1999

Brief on the Association:

Kuwait Dyslexia Association began its journey in the field of Specific Learning Disabilities in 1999. KDA organizes and provides training courses for teachers, remedial intervention programs for children, and in English and Arabic assessments. It also develops dyslexic friendly software and publishes magazines.

Services offered:

1. Organizing conferences.
2. Training courses.
3. Assessment.
4. Creating software packages, which are dyslexic friendly in Arabic and English.

Types of Assessments COMMONLY used: Language of Assessments

1. CoPs.
2. Raven.
3. Visual Stress.
4. Questionnaire.

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☒

Specialists of the Association:

Name/ Title/ Qualifications/ Languages

1. Dr. Osama Al Daass, Trainer, Ph.D. Arabic and Islamic Studies, Learning Dyslexia.
2. Dr. Hammdan Al Harbi, Consultant, Ph.D. in special learning.
3. Deya Al Rshyd, Psychologist, B. Sc in Psychology.
4. Mariam Al Muhandadi, Arabic language teacher.
5. Wafaa Al Greewy, English language teacher.

Location

Area: Al Omania

Block: 4

Street: Al Omariya

Bldg.:4

P.O.Box: 766 Al Farwaniya 81018
Kuwait.

Phone: 24757986 – 24757984

Fax: 24757908

Email: contact@q8da.com

Website address: www.q8da.com

The Kuwaiti Society For Guardians Of The Disabled



Private ☐ Public ☐ Non-Profit Organization ☒

Date of Establishment: 2005

Brief on the Society:

The Kuwait Society for Guardians of the Disabled: KSGD, is a non-profit organization established in 2005, aims, among other issues, at conserving the basic rights of the disabled and defending them, providing social and psychological support for guardians of the disabled, exchanging expertise with similar local and international organizations, spreading awareness, promoting acceptance and helping to merge and enable the disabled within the community.

Services offered:

1. Psycho-educational assessments, via-using local and international tests.
2. Consultations to parents, teachers and other professionals.
3. Promoting community awareness through lectures/training, as part of KSGD's cultural and awareness programs.

Types of Assessments COMMONLY used:

1. Cognitive/Ability assessments for children and adults - including the Wechsler Scales of Intelligence (WISC-IV, KWISC-III, WASI, WAIS-IV), Stanford-Binet Intelligence Scales, McCarthy Scales of Children's Abilities, and other brief screening tools such as the Raven's Matrices and TONI-4.
2. Achievement testing using such tests as the Wechsler Individual Achievement Test (WIAT-III), Wechsler Fundamentals: Academic skills, assessment of receptive/expressive vocabulary (PPVT-4, EVT-2).
3. Screening for AD/HD, behavioral and other developmental disorders/ disabilities using various rating scales and screening tools.
4. Additional assessments of executive function, memory, perceptual-motor skills, etc.

Language of Assessments

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☐

Specialists of the society:

Name/ Title/ Qualifications/ Languages

The unit is run by Mrs. Rana Nasser, BA in Psychology, Educational & Teaching Diploma from the American University in Beirut.

Mrs. Nasser a Lebanese raised in Kuwait, has extensive trainings and over 20 years experience in Kuwait in psycho-educational assessments and diagnosing individuals with various learning problems and developmental disabilities, in addition to particular experience in the area of specific learning disabilities, AD/HD and related learning and behavior problems. Mrs. Nasser has participated over the years in numerous conferences, training workshops, etc. locally and abroad. She has also provided regional and local workshops/training to psychologists, social workers, teachers, as well as parents.

Mrs. Nasser's assessments are approved by the Public Authority of the Disabled, where she has participated for more than 10 years as an active member in several committees, including heading the Re-evaluation Team Also, Mrs. Nasser speaks Arabic and English.

Location

Area: Rawda

Block: 5

Street: Al-Barodi

Bldg.: 8

P.O.Box: 13618 Kaifan 71957

Phone: 99488474

Fax: 22540916

Email: nasser_rana@hotmail.com

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Public Organizations

Developmental Pediatric Unit, Pediatric Department, Al Sabah Hospital



Private ☐ Public ☒ Non-Profit Organization ☐

Date of Establishment: 1979

Brief on the (unit):

Development Pediatric Unit provides medical diagnostic and therapeutic service for children with neurodevelopmental delays and disorders. We work in collaboration with the physiotherapists, occupational therapists, speech and language pathologists, child and adolescent psychiatrists and psychologists.

Services offered:

1. Assessments of Developmental Delays and Disorders
2. Assessments for Autism Spectrum Disorders
3. Assessments and Management of Attention Deficit Hyperactivity Disorders
4. Assessments for childhood behavioral problems
5. Assessments for intellectual disabilities

Types of Assessments COMMONLY used: Language of Assessments

1. Griffith Mental and Developmental Scale -Revised
2. Schedule of Growing Skills II
3. Gesell Developmental Schedule
4. Autism Diagnostic Observational Schedule (ADOS)
5. Childhood Autism Rating Scale
6. Kuwait Wechsler Intelligence Scale for Children-III-R

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☐ Families ☐ Elderlies ☐

Specialists of the unit:

Name/ Title/ Qualifications/ Languages

1. Developmental Pediatricians
2. Pediatricians
3. Psychologists

Location

Area: AL Sabah Hospital –National
 Bank of Kuwait Children’s Hospital
 Second floor –Ward 4
 Phone: 24620804 Fax: 24814977
 Email: dpukwt@gmail.com

Social Development office- Council of Ministers



Private ☐ Public ☒ Non-Profit Organization ☐

Date of Establishment: 1992

Brief on the office:

Established in response to Iraq's military invasion on (22nd August 1990) and auspices of his Highness Sheik Jaber Al-Ahmad Al-Sabah to promote national, mental, health and welfare of the state of Kuwait and to support the psychological rehabilitation of society. then the aim starts to move psychological and educational variables in Kuwait City.

Services offered:

1. Providing expert counseling services.
2. Diagnosing psychological and social problems and their effects.
3. Providing the best and most appropriate psychological therapy
4. Helping the clients foster the values of psychological well-being therapy minimizing the complications of the Chronic Disorders and rehabilitating them psychologically.
5. Communicating with international scientific institutions in order to help enhance the findings of solutions for the different psychological and social problems in Kuwait society.

Types of Assessments COMMONLY used: Language of Assessments

1. Personality Tests, like: MMPI
2. IQ tests
3. Depression Tests
4. Anxiety Tests
5. Career ability Tests

English ☐ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☒

Specialists of the clinic:

Name/ Title/ Qualifications/ Languages

1. Dr. Wafaa Al- Aradi / Administrative Chairman of psychological and social Counseling issues / PHD in Clinical Psychology / English- Arabic
2. Fatimah Al- Rasheed/ Head of Biofeedback center/ B.A psychology –B.A Journalism/ English- Arabic
3. -Meshaal Al- Waqyan/ Counselor Affairs Advisor/ Masters of Mental Health/ English
4. -Souad Al- Mutairi / Head therapeutic disciplines/ Masters of mental health/ English
5. Fatimah Dashti/ Head of Development Rehabilitation Counselors/ Bachelor of Psychology and Diploma Marital Counseling
6. Fatimah Al-Ayyaf/ Specialty Centers Supervisor/ B.A psychology / Higher Education Diploma in Marriage and family Counseling
7. Fatimah Baqer/ Tha Head of Phone Counseling section/ B.A. Sociology / Higher Education Diploma in Marriage and family Counseling
8. Sawsan Hajjia/ Head of Career Rehabilitation and Counseling Section/ B.A psychology- English
9. Abeer Al-Yaseen/ Head of Hearing and Speech Center/ B.A psychology/ M.A. Counseling psychology- English
10. Ghaida Al- Deghbasi/ Head of Child and Adolescent Center/ B.A psychology
11. Tahany Al-Robaie / Head of psychological Tests Center/ B.A psychology/ Psychology – Master Degree

Location

Area: Al-Murqab

P.O.Box: 29829 Safat - 13150 Kuwait

Mobile: 99861142

Phone: 2240 2407 / 9 Ext:350

Fax: 2240 2154

Email: wafaa_03@hotmail.com

Website address: www.sdo.gov.com

Kuwait Center for Mental Health



Private ☐ Public ☒ Non-Profit Organization ☐

Date of Establishment: 1954

Brief on the center:

This Center, which is a part of Ministry of Health is entering now a new era for Mental Health in Kuwait with a Multidisciplinary approach for mental illness.

Services offered:

1. General Psychiatry.
2. Child and Adolescent.
3. Substance Related Disorders (Addiction).
4. Geriatric Psychiatry.
5. Mental Health and Law.
6. Consultation Liaison: Mental Health at Family Physician Clinics and Outpatients at General Hospitals.
7. Mood And Anxiety.
8. Schizophrenia.
9. Psychology Unit including Psychotherapy.
10. Social Services.
11. Rehabilitation.
12. Sleep and Brain Stimulation.

Types of Assessments COMMONLY used: Language of Assessments

1. Biological.
2. Psychological.
3. Social.

English ☐ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Age group ☒
Couples ☒ Families ☒ Elderlies ☒

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Canadian Graduate Consultants 4.
2. USA Graduate Consultants 2.
3. UK Graduate Consultants 3.
4. Egypt Graduate Consultants 8.

Location

Area: Shuwaikh Medical
Street: Jamal Abdel Nasser
Mobil: +965 2484 3900
Email: info@psychiatrykuwait.com
Website: www.psychiatrykuwait.com

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Private Organizations

AL SEEF HOSPITAL



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2009

Brief on the hospital:

Comprehensive Healthcare Provider

Services offered:

1. Psychological Consultation.
2. Individual Psycho - Therapy.
3. Couples / Family Psycho - therapy.
4. School Consultations.
5. Psychological Assessment.

Types of Assessments COMMONLY used: Language of Assessments

1. Asperger Syndrome Diagnostic Scale
2. Pervasive Developmental Disorders Screening Test
3. Gillian Autism Rating Scale
4. Beck Anxiety Inventory
5. Beck Depression Inventory
6. Beck You Inventories
7. Conners Comprehensive Behavior Rating Scale
8. Conners 3
9. Stirling Eating Disorder Scale
10. Weschler Adult Intelligence Scale

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
Couples ☒ Families ☒ Elderlies ☒

Specialists of the hospital:

Name/ Title/ Qualifications/ Languages

- Dr. Atorina Benjamin-Clinical Psychologist (English)

Location

Area: Salmiya

Street: Belajat Street

Bldg: Al Seef Hospital, 2 nd Floor

P.O.Box : 36904 Ras Al-Salmiya 24760

Phone: 2576 - 4224 / 5

Fax: 2576 - 4444

Website : www.alseef-hospital.com

Soor Center For Professional Therapy & Assessment



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: May 2009

Brief on the center:

As the largest private psychology practice in the Middle East, the Soor Center offers a range of therapeutic modalities and languages and works effectively with children, adolescents, adults, couples, families, and groups. In addition, the Soor Center has specialists in family issues and provides parenting support, assessment, behavioral interventions, and school success plans.

Services offered:

1. Therapy (individual, couple, family & group).
2. Assessment (educational, psychological, psychosocial).
3. Workshops (psycho-educational, therapeutic).
4. Corporate Wellness Programs.
5. Professional Development & Skills Training.

Types of Assessments COMMONLY used: Language of Assessments

The Soor Center has on hand more than 60 different assessments. It is impossible to list all of the resources available as we are constantly updating and enlarging our library of assessments. Examples are provided below but do NOT represent the sum of our assessment resources.

1. Educational (i.e., WISC-IV: WJII (CogAt; ACH); WPPSI; WAIS)
2. Personality (i.e., SCID; PAI)
3. Aptitude (i.e., Holland CIS; FIRO-B)
4. Psychosocial (i.e., BDI, BAI, RSCA, SASSI, GARS, CARS, ADOS, PTSD)
5. Corporate (i.e., HSGL, stress)

English ☒ Arabic ☒ Urdu ☒ Spanish ☒
 French ☒ Other ☒

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☐ Families ☒ Elderlies ☒

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr. Naif Al Mutawa, PhD, Clinical Director, Arabic/English
 2. Dr. Susannah J. Schuilenberg, PsyD, Clinical supervisor, Psychologist, English
 3. Dr. Rose Logan, PsyD, Clinical Psychologist, English
 4. Dr. Siddiqa Hussein, PhD, Clinical Psychologist, Hindi/English/Arabic
 5. Dr. Jeremy Alford, PhD, Clinical Psychologist, Clinical Hypnotherapist, English/French
 6. Imman Essa Tabaja, MSc, Health Psychologist, Arabic/English
 7. Bill Schuilenberg, MA, Counseling Psychologist, English
 8. Zaina Alzabin, MA, Psychologist, Arabic/English
 9. Andrea Al Adwani, MA, Family Therapist, English
- Clinical Therapists
10. Safa Javed, Msc. , Applied Psychologist, English / Urdu
- Plus clinical therapists

Location

Area: Kuwait City
 Street: Soor Street
 Bldg. Munther Tower 10th Floor
 P.O.Box: 4707
 Phone: 2290 1677
 Fax : 2290 1688
 Email: info@soorcenter.com
 Website: www.soorcenter.com

Applied Behavior Center Of Kuwait



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: March 2011

Brief on the center:

Applied Behavior Center of Kuwait (ABC) provides early intervention services to children with autism and related disorders. ABC offers highly effective researched educational programs based on the principles of Applied Behavior Analysis (ABA). ABC provides a full range of educational, home-based, and center-based treatment programs designed to help children suffering from autism and other developmental disabilities.

Services offered:

1. Center based therapy .
2. Speech therapy.
3. Home based therapy.
4. School shadowing.
5. Parent consultation and training.
6. Public seminars and workshops.
7. Child and family assessments.

Types of Assessments COMMONLY used: Language of Assessments

1. ADOS
2. GARS
3. CARS
4. ACE Skills Assessment

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
Couples ☐ Families ☒ Elderlies ☐

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Heather Busch, Clinical Director, Board Certified Assistant Behavior Analyst.
2. Maleshwane Mauco, Clinical Supervisor/MSc in Applied Behavior Analysis.
3. Amy Atwell, NECC Consultant, Board Certified Behavior Analyst.
4. Hazem Al Ismail, Speech Therapist, BSc in Speech and Hearing Science.

Location

Area: Kuwait City

Street: Soor St.

Floor: 23

Bldg.: Burj Jasim

Phone: 2296 - 0991

Email: info@abckuwait.com

Website: www.abckuwait.com

Fawzia Sultan Rehabilitation Institute(FSRI)



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2006

Brief on the institute:

FSRI is a nonprofit health clinic specializing in physiotherapy, counseling and psychological services, occupational therapy, speech therapy, and holistic care. Our Psychological Services Department is a full-service department and offers individual, marriage, family, and group counseling. We are also specialized in educational and psychological assessments for most concerns including learning disabilities, ADHD, developmental disabilities (e.g. Autism), memory problems, attention/concentration, gifted/talented, and neuropsychological testing.

Services offered:

1. Counseling and psychotherapy for children, adults, and families for most mental health concerns (e.g., depression, anxiety, anger management, stress, etc.).
2. Psychoeducational assessments for learning differences, ADHD, and school problems.
3. Speech and language therapy.
4. Physiotherapy, nutrition, personal training, occupational therapy, and Reiki.

Types of Assessments COMMONLY used: Language of Assessments

- | | | | | |
|---|---|--|--|----------------------------------|
| 1. Wechsler Intelligence Scale for Children (WISC-IV) | English <input checked="" type="checkbox"/> | Arabic <input type="checkbox"/> | Urdu <input type="checkbox"/> | Spanish <input type="checkbox"/> |
| 2. Wechsler Individual Achievement Test (WIAT-III) (U.S. and U.k. versions) | French <input type="checkbox"/> | Other <input type="checkbox"/> | | |
| 3. British Ability Scale (BAS) | | | | |
| 4. Conners' Continuous Performance Test (CPT II) | Males <input checked="" type="checkbox"/> | Females <input checked="" type="checkbox"/> | Children <input checked="" type="checkbox"/> | |
| 5. Gilliam Autism Rating Scale- 2 | Couples <input checked="" type="checkbox"/> | Families <input checked="" type="checkbox"/> | Elderlies <input type="checkbox"/> | |
| 6. The Wechsler Memory Scale (WMS) | | | | |

Population Addressed**Specialists of the institute:**

Name/ Title/ Qualifications/ Languages

1. Dr. Nicholas C. Scull, Clinical Director: Dr. Scull is a U.S. licensed psychologist and clinical social worker. He holds a doctorate in counseling psychology from the University of Wisconsin-Madison with a specialization in educational psychology and a masters degree in social work from Bryn Mawr College. Prior to working at FSRI, Dr. Scull worked at the University of California, Los Angeles (UCLA) and Swarthmore College in their Counseling and Psychological Services Departments. He is the current President of the Middle East Psychological Association (MEPA).
2. Dr. Karen Stockton: He holds a masters degree in psychology from the University of Glasgow, a masters degree in educational psychology from the University of Strathclyde, and a doctorate in educational and child psychology from the University of East London. Dr. Stockton is a Chartered Child & Educational Psychologist with the British Psychological Society. As an Educational Psychologist, Dr. Karen is specialized in the assessment and treatment of children with learning differences, attention problems, behavioral problems, and difficulties in schools.

Location

Area: Salmiya

Block: 7

Street: Baghdad St.

Amaia Residena, Bldg.: 9

Phone: 25720338

Fax : 25721677

Email: info@fsrikuwait.org

Website: www.fsrikuwait.org

Kuwait Counseling Center



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2011

Brief on the center:

Kuwait Counseling Center provides comprehensive assessments, therapy, and training services to children, adolescents, adults, couples, families, and groups to resolve special needs; interpersonal, academic, nutritional, and/or stress of life problems.

The Center operates under the strict code of ethics of the American Psychological Association and the American Counseling Association as well as being proud to comply with the standards of privacy and confidentiality published by HIPAA.

The staff consists of highly trained and licensed therapists with years of applied experience who are eager to assist clients with their needs. In a comfortable and supportive atmosphere, they offer a highly confidential and personalized approach tailored to each client individual needs to help attain the personal growth they are striving for.

Services offered:

1. Psychological and Educational Assessments.
2. Psychological, Educational and Nutritional Therapy.
3. Trainings for educators, parents and professionals in mental health and nutritional topics.

Types of Assessments COMMONLY used: Language of Assessments

1. For ADHD and ADD
2. For Autism and Asperger
3. For Developmental Delays
4. For Cognitive Abilities
5. For Academic Abilities
6. For Behavioral Management Difficulties
7. For Depression
8. For Personality Styles
9. For Social and Emotional Adjustments Difficulties

English ☒ Arabic ☐ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
Couples ☒ Families ☒ Elderlies ☒

Specialists of the center:

Name/ Title/ Qualifications/ Languages

- 1- Joanne Hands, Clinical Director, Psychologist, Licensed Professional Counselor, Licensed Marriage and Family Therapist, English and Spanish
- 2- Jason Sullivan, Therapist, Master of Arts in Counseling, English
- 3- Abir Tannir Itani, Therapist, Master of Arts in Counseling, English and Arabic
- 4- Jumana Al-Othman, Public Health Nutritionist, Master of Science in Public Health Nutrition, English and Arabic

Location

Area: Jabriya

Block: 1A

Street: 1

Bldg.: Mazaya, Clover Center, 14th Floor

Phone: 2535 - 6444

Fax : 2535 - 6999

Email: info@kuwaitcounseling.com

Website: www.kuwaitcounseling.com

Kaizen Center



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2008

Brief on the center:

Kaizen is a private center that provides comprehensive human services in the form of therapy, assessments, workshops and training. Our services are available to individuals, families, groups, organizations, and institutions. Kaizen staffs are bilingual and comprised of licensed clinical psychologists and competent professionals, who are highly trained and abide by the highest ethical standards.

Services offered:

1. Bilingual Assessments: Behavioral, IQ, Personality, Career, etc...
2. Bilingual psychotherapy.
3. Individual, couples, family, group, and children and adolescents psychotherapy.
4. Behavioral Modification.
5. Play Therapy.
6. Speech Therapy.
7. Hypnotherapy and Reiki.

Types of Assessments COMMONLY used: Language of Assessments

1. IQ Assessments
2. Academic assessments
3. Achievement assessments
4. Personality, behavioral, and emotional assessments

English ☒ Arabic ☒ Urdu ☐ Spanish ☒
 French ☒ Other ☒

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☐

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr. Juliet Dinkha, Psy.D. Licensed psychologist (USA) and Clinical Director, speaks: English, Arabic, Assyrian, and Spanish
2. Dr. Nisrine Aboulhosn, Psy.D. Staff Psychologist (USA) and Clinical Director, speaks: English and Arabic
3. Dr. Intisar Rizk, Ph.D., Special Needs Psychologist, speaks: Arabic
4. Ms. Sally Ghazal, MA-Therapist, speaks: English and Arabic
5. Ms. Laila Hemmat, Hypnotherapist and Reiki Master- Counselor, speaks: English, Arabic, and Persian

Location

Area: Salmiya

Block: 7

Street: Salem AL Mubarak st.

Bldg.: Al Dana Center-

1st Floor, office no. 104

Phone: 257 16 707

Fax : 257 12911

email: skamal@kaizen-kw.com

website: www.kaizen-kw.com

Fatma Clinic



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2007

Brief on the clinic:

Fatma Clinic was established by the well-known Dr. Fatma Al Awadhi. Dr. Fatma is a Consultant Developmental Pediatrician, and she provides medical consultation, assessments and diagnosis for children with special needs. She is also licensed by several programs from around the world to provide specific cognitive trainings and programs. These trainings can be one-on-one for children and/or group programs. They are effective for children's concentration, memory, learning, attention skills and more. Teaching a child how to Learn is according to that child's needs. Individualized training programs are provided for each child according to his need. Assessments include medical history and clinical exams, developmental assessment, assessment of intellectual ability, behavior and social interaction and other specific assessment for each child as needed.

Services offered:

1. Developmental Pediatrics.
2. Intellectual and other assessments.
3. Trainings including cognitive, behavior and others.
4. Laboratory Tests.
5. Child nutrition.
6. Other medical clinics including dentistry, dermatology and others.

Types of Assessments COMMONLY used: Language of Assessments

1. Intellectual and ability assessments.
2. Behavior assessments
3. Achievement testing
4. Specific assessment for diagnosis of Autism
5. Specific assessment for diagnosis of ADHD
6. Specific assessment for diagnosis of Learning Disorders

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
Couples ☐ Families ☐ Elderlies ☐

Specialists working at the center:

Name/ Title/ Qualifications/ Languages

1. Consultant Pediatrician
2. Psychologist
3. Speech therapist
4. Behavior trainer
5. Cognitive trainer

Location

Area: Forth Ring Road SALMIYA

Street: Abdulla Al Fadhallah

Floor: 23

Phone: 25641234

Email: fsawadi@hotmail.com

Website: www.fatmaclinic.com

Q8 National Center For Educational Consulting & Training

Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: May 2010

Brief on the center:

Q8 national is a center that provides educational consulting and training in the field of learning disabilities, educational consulting, hyperactivity, attention deficit, fragmentation and lack of motivation. Along with intelligence labs that measure your mental abilities and deal with cumbersome problems, stuttering, speech disorders, and IQ tests.

Services offered:

- 1) Educational consulting.
- 2) Family and teenage consulting.
- 3) Measuring mental capacity.
- 4) Training courses.

Types of Assessments COMMONLY used: Language of Assessments

- 1) Anxiety Scale
- 2) Professional orientation
- 3) Personality traits
- 4) Thematic appreciation Test (TAT)
- 5) Wechsler Scale

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
Couples ☒ Families ☒ Elderlies ☐

Specialists of the center:

Name/ Title/ Qualifications/ Languages

- 1) Dr. Yousef Al Humaidhi – Head of the center
- 2) Dr. Mahmoud Al Qaoud – Psychologist Consultant
- 3) Consultant Ali Shamis Al Deen – Speech Specialist
- 4) Consultant Nasser Al Qurnafi – Dyslexia Specialist
- 5) Abdulatif Al Turkey – Applies the tests

Location:

Area: Hawally

Sharhabeal Street, Al Rawdan Bldg

Near Al-Najat Schol

Phone: 60365666

22619666

Email: bestliveq8@hotmail.com

Dr. Abeer Awadh Clinic (Consultant Developmental Pediatrician)



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 1996

Brief on the clinic:

The clinic is involved in the assessment and diagnosis of children with developmental disabilities as well as giving the recommendation & medical treatments that are needed.

Services offered:

- The assessment and diagnosis of developmental disorders such as ADHD, Learning Disabilities, Autism, Dyspraxia, Language Communication Disorders, Cognitive Delay, Cerebral Palsy, Fragile X- Syndrome and Genetic Disorders.

Types of Assessments COMMONLY used:

1. Revised Gesell Developmental Schedules
2. The Gesell Preschool Readiness Test
3. CARS (Childhood Autism Rating Scale)
4. WISC-III (Wechsler Intelligence Scale for Children – Third Edition) & WPPSI –R (Wechsler Preschool and Primary Scale of Intelligence)
5. PPVT-R (Peabody Picture Vocabulary Test- Revised)
6. TONI-3 (Test of Nonverbal Intelligence - Third Edition)
7. VMI (Developmental Test of Visual-Motor Integration)
8. Conners' Rating Scales

Language of Assessments

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☐ Families ☐ Elderlies ☐

Specialists of the clinic:

Name/ Title/ Qualifications/ Languages

- Dr. Abeer Awadh, Consultant Developmental Pediatrician
Medical Degree from Cairo University Medical School
- M.B.B.Ch/ Ph.D. In Human Ecology – University of Texas,
Houston Texas Clinical Fellowship from Baylor College
of Medicine: Meyer Center of Developmental Pediatrics -
Texas/ Children Hospital, Houston, Texas.
- Specialist Clinical Fellowship – Wolfson Center for
Developmental Pediatrics Institute of Child Health- Great
Ormond Street Hospital for Children, London, UK
- Member of DAN (Defeat Autism Now) Autism Research
Institute, California USA

Location

Area: Bneid Al Qar

Street: Por Saeed

Bldg.: Al Mesillah

mobile: (965) - 97661446

Tel. no. : (965) 22232000 ext.

1342 Fax: (965) 24877076

Email:abeerawadh@hotmail.com

Al Razi Center For Psychological Counseling



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 1994

Brief on the center:

Al-Razi Counseling and Assessment Center was established by Dr. Kazem Abal in 1994 making it the oldest and most highly recommended psychology clinic in Kuwait. Al-Razi Center is known for its innovative treatment programs and has become the standard of the industry in Kuwait due to its outstanding reputation for accurate diagnosis and effective treatment of the full range of psychological, emotional, social and educational disorders for children and adults. Dr. Kazem Abal, who has a doctorate in educational psychology and Dr. Vincenza Tiberia, also an educational psychologist and the first Licensed clinical psychologist in Kuwait are among the outstanding staff members providing services there. Al-Razi Center is also the first psychological assessment center in Kuwait providing all types of testing services for children and adults including IQ testing, Psychoeducational test batteries Neuropsychological assessment and Personality testing to name a few.

Services offered:

1. Diagnosis
2. Assessment
3. Consultation
4. Counseling
5. Psychotherapy
6. Hypnotherapy
7. Family Therapy
8. Marital Counseling
9. Divorce Counseling
10. Behavior Therapy
11. Cognitive Re Training Program
12. Industrial and Corporate Psychology, etc.

Types of Assessments COMMONLY used: Language of Assessments

1. Psychoeducational assessment.
2. Neuropsychological assessment.
3. Psychological assessment .

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
Couples ☒ Families ☒ Elderlies ☐

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr. Kazem Abal, Director, Doctorate, English & Arabic
2. Dr. Tiberia, Licensed Psychologist , Doctorate, English
3. Dr. Samira Dehrab, Psychologist, Doctorate, English & Arabic
4. Dr. Nadia Hamdan, Psychologist, Doctorate, Arabic
5. Zainab Khan, Counseling Psychologist, Masters , English & Arabic

Location

Area: Salmiya
Street: Baghdad Street
Bldg.: Al Jawhara Towers
Block A First Floor
P.O.Box: 474 Hawalli
23005 Kuwait
Phone: 25711411 / 25737773
Fax: 25759966
Email: dr.abal@hotmail.com
Website: www.drabal.net

Kuwait Center For Learning Disabilities



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2012

Brief on the center:

Kuwait Center for Learning Disabilities is an educational consulting firm seeks to provide diagnostic services, training and treatment for children with learning difficulties in order to alleviate the challenges facing them, develop their abilities in the areas of education and develop their talents to invest their energies in order to serve the community.

Services offered:

1. Intelligence test.
2. Early diagnosis of kindergarten.
3. Diagnosis and treatment of academic difficulties (reading, mathematics).
4. Diagnosis and treatment of cognitive difficulties (attention, perception, memory).
5. Differentiation of learning methods according to personality type.

Types of Assessments COMMONLY used: Language of Assessments

- | | | | | |
|--|----------------------------------|--|-------------------------------|----------------------------------|
| 1. Wechsler test of intelligence – the third version | English <input type="checkbox"/> | Arabic <input checked="" type="checkbox"/> | Urdu <input type="checkbox"/> | Spanish <input type="checkbox"/> |
| 2. System scale evaluation of cognitive CAS of intelligence and cognitive processes PASS | French <input type="checkbox"/> | Other <input type="checkbox"/> | | |
| 3. Cognitive tests | | | | |
| 4. Academie tests | | | | |

Population Addressed

- | | | |
|---|---|--|
| Males <input checked="" type="checkbox"/> | Females <input checked="" type="checkbox"/> | Children <input checked="" type="checkbox"/> |
| Couples <input type="checkbox"/> | Families <input type="checkbox"/> | Elderlies <input type="checkbox"/> |

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr.Soad Al Zuaykh, Master Learning Disabilities
2. Dr.Tahany Borhama, PHD Learning Disabilities
3. Dr. Awatef Al, Boloshy PHD, Learning Disabilities
4. Dr. Noha Al - Mofreg PHD Learning Disabilities

Location

Area: Jabriya

Forthing road - Block: 1

Four Ring Bldg.: 2

2nd floor Apt.202

Phone: 22233696

Fax: 22233696

Email: kcld12@hotmail.com

AL- Dana Center For Psychological Social And Educational Consultation



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2001

Brief on the center:

The center plays an important role in the field of mental health and psychological counseling along with the dissemination of cultural psychological and personal development, potential of the individual and the discovery and development capabilities. It also has the latest therapeutic methods for different kinds of mental disorders and to keep pace with the circumstances of the times and challenges.

Services offered:

1. Psychotherapy for depression, anxiety, schizophrenia and hysteria and obsessive-compulsive disorders and other mental illness.
2. Care for children and adolescents facing learning difficulties, people with special needs, treatment of behavioral problems for children of epileptic hysterical and necrunal enuresis, speech and language disorders, hyperactivity, and ADHD.
3. The care of the elderly at home and to provide psychological services for them and for those who suffer from chronic diseases and psychosomatic illnesses and multiple sclerosis, dementia and Parkinson's disease.
4. Marital counseling and treatment of marital problems and solutions.
5. Preparing leisure trips inside and outside Kuwait and supervision of chronic conditions outside Kuwait.
6. Work and training workshops and public lectures of center, schools, institutions.
7. Program to lose weight and follow-up of cases individual and group therapy.

Types of Assessments COMMONLY used: Language of Assessments

1. Personality tests (Beck Depression and MBI, Tyler for anxiety, connecting circuits, personality disorders tests prepared by the center and obsessive-compulsive disorder test).
2. IQ tests (Wexler, Stand Ford interface).
3. Test tendencies and capacities.
4. Marital compatibility test.
5. Test of sexual identity disorder «by the Center».
6. Test tendencies and trends «related to obesity and weight gain».

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☐

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr. Hayat Ghazal – Manager
2. Dr. Hossam Abdullatif
3. Dr. Nouf Al-Mulla

Location
 Area: Jabryia
 Block: 2B
 building no. A
 first floor , flat no. 2 ,
 opposite to traffic department
 P.O.Box: 17524
 code no. 72456 khaldyia
 Phone: 25351221 - 25351331
 Fax: 25351441
 Email: dana-center2012@hotmail.com

TCRC Tatweer Int. Counseling, Research Center



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2009

Brief on the center:

TCRC Tatweer Int. Counseling, Research & Training Center (TCRC) is a full service center specialized in counseling, social and family therapy, and educational assessment & support provided for children. Assessment is provided to complete the treatment for the client to get a full diagnosis of their problems. Research service is offered within the area of psychology, social, and education.

- We are one of the leading centers performing applied behavior analysis to help treating children and adults developmental disabilities.
- Behavioral Counseling is a leading Applied Behavior Analysis agency for children & adults with special needs. We provide behavioral counseling, evaluation, diagnosis sessions, behavioral assessment, early intervention & treatment.

Services offered:

1. Counseling(Psychological, Social, Family & Educational).
2. Assessment & Evaluation(Psychological, Social, Family & Educational).
3. Early Intervention, Therapy, Treatment & Relaxation.
4. Sign Language, Child Educational Tutorial, Training, Research, Managing Conference, Seminar, Workshop & Video Conferencing.

Types of Assessments COMMONLY used: Language of Assessments

1. Binet
2. Wechsler(Adult & Children-WISC-R)
3. Vineland
4. Conners
5. BASC
6. BECK
7. Coppersmith
8. RADS-Reynolds

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☐ Families ☒ Elderlies ☒

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr. Wasmia Alabbad, CEO/President, Psychology & Educational Counselor, Bilingual(English & Arabic)
2. Dr. Mohammad El Morsi-PhD, Special Education
3. Dr. Bothayna Al Makhawi-PhD, Bilingual(English & Arabic)
4. Eslam Farooq, Clinical Psychologist, Bilingual (English & Arabic)
5. Ahmad Amer, Psychologist(Arabic)
6. Hala Mustafa, Psychologist, Bilingual(English & Arabic)
7. Ahmad Al Ghareeb, Speech, Language Pathologist, Bilingual(English & Arabic)
8. Rowena Gomez, Child Educational Psychologist Tutorial(English)
9. Khalaf Ali, Psychologist(Arabic)

Location

Area: Salmiya

Block: 9

Street: Sayed Yassen

Bldg.: 35

P.O. Box: Al Sha'ab 35486

Phone: 94497099 / 25733780

Fax: 25733781

Email: info@tcrckw.info /
tcrckw2010@yahoo.com

Website: www.tcrckw.info

Thawabt Consultancy & Training Co.



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2008

Brief on the company:

Company Centers:

- Management Counseling Center.
- Educational Counseling Center.
- Psychological & Social Counseling Center.
- Studies & Research Center.
- Evaluation & Measurement Center.
- GCI Middle East Center of Excellence.
- Thawabt Institute for Human Development & Training.

Vision: To be The Middle East's community services leading company.

Mission: Create an integrated system of advanced modern tools to serve all areas of human development.

Services offered:

1. Monument counseling.
2. Human resources development.
3. Technical programmers.
4. Educational Counseling.
5. Psychological & Social Counseling.
6. Establishing eligibility training institutes .
7. Executing exhibitions, conferences, seminars & camps.

Types of Assessments COMMONLY used:

1. IQ tests and measurements of different types in terms of material and method of application and performance.
2. Standards and testing capabilities and preparations.
3. Tests of academic achievement and the kinds of diagnostic and predictive trainings.
4. Tests and measurements of different types of personal referendums and measures of estimation and projection tests.
5. Orientation tests.
6. Test values.
7. Alathahat tests and measurements.
8. Tests and measurements of the diagnosis.
9. Psychological compatibility tests.
10. Tests and measures of mental health.
11. Tests of psychological counseling.

Language of Assessments

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☒

Specialists of the company:

Name/ Title/ Qualifications/ Languages

1. Dr. Othman Alasfoor , PHD in Psychological Thereby.
2. Dr. Souad Al- Bshr , PHD in Clinical Psychology.
3. Dr. Mohammad Al- Kandari , PHD in Family Counseling.
4. Dr. Homoud Al kashaan , PHD in Family & Marriage relationships Certified Practicing Family Therapy, Pennsylvania.
5. Dr. Wdad Al- ESSA , PHD in Psychology.
6. Mr. Islam Farouk , M. Sc. in Clinical Psychology.
7. Dr. Al-sayed Raghb , PHD in Clinical Psychology .
8. Dr. Mustafa abu Al- Saad , PHD in Educational Psychology.

Location

Area: Hawalli

Block 1

Al Othman Street

Tel: 22646001 / 22646002

Fax: 22646010

P. O. Box 7988, Hawalli 32100

Kuwait

E-mail: info@thawabt.com

Website : www.thawabt.com

Mashael Alzafri Center For : Healing Energy (Reiki) And Social Personal Counseling



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2008

Brief on the center:

Our center offers services that are completely different from the rest. We aim to develop the human psyche and give them ways to help themselves. We also know that the body, mind and heart are the most important parts of our bodies so one of the most important goals of our center is to help improve them through the energy and through the helpful courses we give.

Services offered:

1. Cosmic energy treatment.
2. Courses on how to heal yourself.
3. Emotional Freedom Technique.
4. Mind exercises.
5. Transforming negative thoughts into positive thoughts and rehabilitation.

Types of Assessments COMMONLY used: Language of Assessments

1. Tests for the vital energy in the Brain
2. Courses for rehabilitation and how to use the brain to get rid of the past problems.
3. Course Gravitational Laws of the Universe: how to draw what they want towards themselves through positive energy.
4. Healing with Energy Sessions.
5. Self - Reform Workshops: how to change and improve your self.

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Female ☒ Children ☒
Couples ☐ Families ☒ Elderlies ☒

Specialists of at the center:

Name/ Title/ Qualifications/ Languages

- Mashaël Ahmed Alzafiri B.S,C In Science – Master usui (Reiki) Arabic - English

Location

Area: Salmiya

Block: 9

Plot 9

Street: Baghdad

Bldg.: 131 First Floor Flat 3

Phone: 25725525

Fax: 25725525

Email: center@thereikipower.com

Website: www.thereikipower.com

Therapia Medical Center For Physiotherapy



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2012

Brief on the center:

Therapia Medical Center is the most recent center for Physical Therapy and Rehabilitation in Kuwait. The Center is equipped with the latest machines in the field of physical therapy according to the European quality terms and measures. The staff of Therapia includes qualified European therapists.

Services offered:

1. Physical Therapy for Orthopedic cases such as:
Osteoarthritis of the knee and spine, (neck and low back pain), sports injuries, after Fractures, Post-arthroplasty(Joint replacement) rehabilitation.
2. Neurological cases such as:
Cerebrovascular accidents, quadriplegic and paraplegic patients, facial palsy, multiple sclerosis, and brain tumors.
3. Rehabilitation for Pediatric cases:
Motor development delay, Cerebral palsy, Congenital hip dysplasia and dislocation, Erb's Palsy and Myopathy.
4. Medical Massage of different type.
5. Diabetic foot rehabilitation.
6. Rehabilitation pf peripheral vascular insufficiency and lymph edema.
7. Post burn Rehabilitat.

Types of Assessments COMMONLY used: Language of Assessments

1. Physical Assessment (Musculo Skeletal)
2. Neurological Assessment
3. Functional Assessment
4. Assessment of disability in children

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children (4 Month - 15 Years) ☒
Couples ☒ Families ☒ Elderlies ☒

Specialists of the center:

Name/ Title/ qalifications/ Languages

1. Omar Farai / Physiotheraist, Arabic and English
2. Dr. Rami Riyad / Physiotherapy and Rheumatic Spedalist, English / Arabic
3. Physical Medicine Doctors and Psysiotherapists

Location
Area: Al Shaab Al Bahary
Block: 8
Street: 80
Bldg.: Abha Complex
P.O.Box:6346
Phone: 2262 - 6711 / 33
Fax: 2262 - 6833
Email: info@therapia-kw.com
Website: www.therapia-kw.com

The Guidance Centre For Social And Psychological Consultation & Training



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2009

Brief on the center:

The Center was established in 2009 and aims to provide psychological counseling services for all social and community groups of different ages and for all psychological marital work and problems of children and those with special needs.

Services offered:

1. The problems of childhood: academic, behavioral, educational, communication and correct pronunciation.
2. Mental disorders: anxiety, depression, obsessive-compulsive disorder post-traumatic stress and behavioral abnormalities.
3. Marital and family problems.
4. How to deal with an addicted family.

Types of Assessments COMMONLY used: Language of Assessments

1. IQ tests.
2. Psychological tests (personality tests multi-faceted - Tests to measure the degree of mental disorders - tests of the degree of stress.
3. Achievement tests to measure the academic abilities.

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☒

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1- Nagla Mohammed Abd El Mabood, Director, Center for people with special needs, PhD in Philosophy and Education in Mental Health, Ain Shams University, (Arabic and English).

2- Maysoun Payan, Psychologist, Master of Educational Psychology, (Arabic and English).

Location

Area: Hawally

Block: 2624

Al-Mothanna Bldg

Phone: 97166998 Fax: 22610606

Email: alarshady@hotmail.com

Sama Psych/Social Therapy & Alternative Medicine Center



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2008

Brief on the center:

Sama Center is a private center providing competent psychological and sociological assessments. We have the tools to help restoring balance and allow the body, mind and soul to heal in its own natural and innate way.

Services offered:

1. Therapy.
2. Alternative Medicine.
3. Diagnosis & Treatment Programs.
4. Special need & Learning Disabilities.

Types of Assessments COMMONLY used: Language of Assessments

1. Myers- Briggs Type Indicator (MBTI)
2. Wechsler Intelligence Scale for Children & Adults
3. Stanford –Binet test
4. Hermann Brain Dominance Instrument (HBDI)

English ☐ Arabic ☒ Urdu ☐ Spanish ☐
 French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
 Couples ☒ Families ☒ Elderlies ☒

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr. Saud Al-Humaidan, PSYCHOLOGIST & HYPNOTIST - (ARABIC &ENGLISH).
2. Mrs. Fatema Batrany, B.A Clinical Psychology, (Arabic – Fraise).
3. Mrs. Lorraine Bahman, B.A Child Psychology, (English).
4. Mrs. Dana Bin Najy, B.A Psychology, (English – Arabic).
5. Dr. Najy Eassa, PhD Alternative Medicine (Arabic – English).

Location

Area: Salmiyah,
 Direct on 5th ring Rd.
 P.O.Box: 304 Qurtoba ,73503
 Kuwait
 Phone: 25661651
 66994648
 Mobile: 97895550
 Fax: 25661651
 Email: info@samanlp.com
 www.samanlp.com

Behavior & Family Consulting Center



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 1994

Brief on the Center:

Psychological Services:

1. Our center offers consulting that helps the patients understand themselves, discover their abilities and identify their problems and how to deal with it. It also develops the patient's management skills that help overcome the pressures of life and addiction problems and help guide teenagers.
2. Family Services:
We offer consulting to help family members understand the family life, overcome the difficulties encountered, develop the skills of interaction, communication and problem-solving to achieve efficiency and stability of the family, and cope with their marital life and family relations.

Services offered:

1. Learning difficulties and academic problems.
2. Speech defects, verbal aphasia, stuttering and language delays.
3. Educational developmental delays.
4. Attention Deficit.
5. Hyperactivity.
6. Poor self-confidence, introversion, shyness and bedwetting.
7. Behavioral abnormalities, aggression, lying, and rebellion.
8. Depression.
9. Fear.
10. Anxiety.
11. Schizophrenic personality.
12. The center also evaluates and trains children to treat behavioral problems, and arranges seminar and workshops that are given by a group of specialists and consultants.

Types of Assessments COMMONLY used: Language of Assessments

1. Wechsler Intelligence Test
2. Stanford-Binet Intelligence Test
3. Multiple Personality Test
4. Draw-A-Person Test

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children ☒
Couples ☐ Families ☐ Elderlyies ☐

Specialists of the center:

Name/ Title/ Qualifications/ Languages

1. Dr. Adnan Al Shatti, Kuwait University / Social Science, Ph.D. in Childhood and Family, University of Wisconsin Madison.
2. Dr. Mansour Ali Al Shatti, Arab University/ Ph.D. Philosophy and Educational Psychology, Al Mansour University.
3. Dr. Amina Al Samak, Clinical psychologist at Kuwait University / Clinical Psychology and Educational Psychology at University of California.

Location

Area: Hawally fourth ring road
Opposit to Mubarak hospital
Phone: 22666500
mobile: (965) - 66113608
Email: mbm.q8@hotmail.com

Al Smou Company For Psychiatric And Social Consulting



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2010

Brief on the Company:

We are a center interested in rehabilitating the individuals affected by the difficulties of life whether they are scientific, psychological, social, vocational, or family related and provide them with new innovative solutions in the management of life.

Services offered:

1. Psychological, social and educational counseling.
2. Rehabilitation for the ones facing learning difficulties.
3. IQ tests.
4. Psychological tests.
5. Vocational and personal training programs .

Types of Assessments COMMONLY used: Language of Assessments

1. Wechsler Intelligence Test – The Arabic addition, for the Kuwaiti environment
2. Kuwaiti Screening Test for pre-school children
3. The scale of love for spouses
4. The fear test
5. Behavioral and Professional tendencies

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children (up to 6) ☒
Couples ☐ Families ☒ Elderlies ☐

Specialists of the company:

Name/ Title/ Qualifications/ Languages

1. Dr. Sami Al Balhan, Psychological and Educational consultant (kids)
2. Ms. Nabila Al Midlij, Learning difficulties consultant
3. Ms. Nawal Al Jassar, Tests Specialists
4. Mr. Abdulrahman Abdulla, Psychological and Educational consultant

Location

Area: Al Mahboula, The Coastline,
Al Fontas Towers, Al Chalia Tower,
1st Floor, Office 104.

Phone: 23730591

mobile: 55588357

Fax: 23730869

Email: info@alsmou.com

Dr. Abdulla Gholoum Clinic



Private ☒ Public ☐ Non-Profit Organization ☐

Date of Establishment: 2009

Brief on the Clinic:

A Psychiatric clinic which offers a wide range of assessment and treatments.

Services offered:

1. Assessment of cases coming to the clinic
2. Diagnosis of psychiatric disorder
3. Pharmacotherapy, Medical treatments
4. Supportive psychotherpay

Types of Assessments COMMONLY used: Language of Assessments

- NOT AVAILABLE

English ☒ Arabic ☒ Urdu ☐ Spanish ☐
French ☐ Other ☐

Population Addressed

Males ☒ Females ☒ Children
☒ Couples ☒ Families ☒ Elderlies ☒

Specialists of the company:

- NOT AVAILABLE

Location

Area: Salmiah,

Block: 12

Street: Abu-thar Al-ghafari

Bldg.: Al-Hashel Medical Centre

P.O.Box: 1263 Salmiya 22013

Phone: 25635500

Fax: 25634400

Email: ask@drgholoum.com

Website: www.drgholoum.com

While looking for services, you have the right to:

- Ask for the specialist credentials and from which university he/she had her degree.
- Investigate the specialist's years of experience.
- Double check the services available in many psychological centers before deciding on which one to go for diagnosis or treatment.
- Upon decision, be aware that reaching an accurate diagnosis needs time. However, it is the crucial part of the treatment journey which may persevere long time.
- A delay in a proper diagnosis might occur as several disorders share the same symptoms.
- Share all your concerns with the therapist or the psychologist to get the proper answers.
- Pharmacotherapy and Psychotherapy requests time depending on the patient's case, age and his/her commitment to the treatment.

Amal Al Sayer