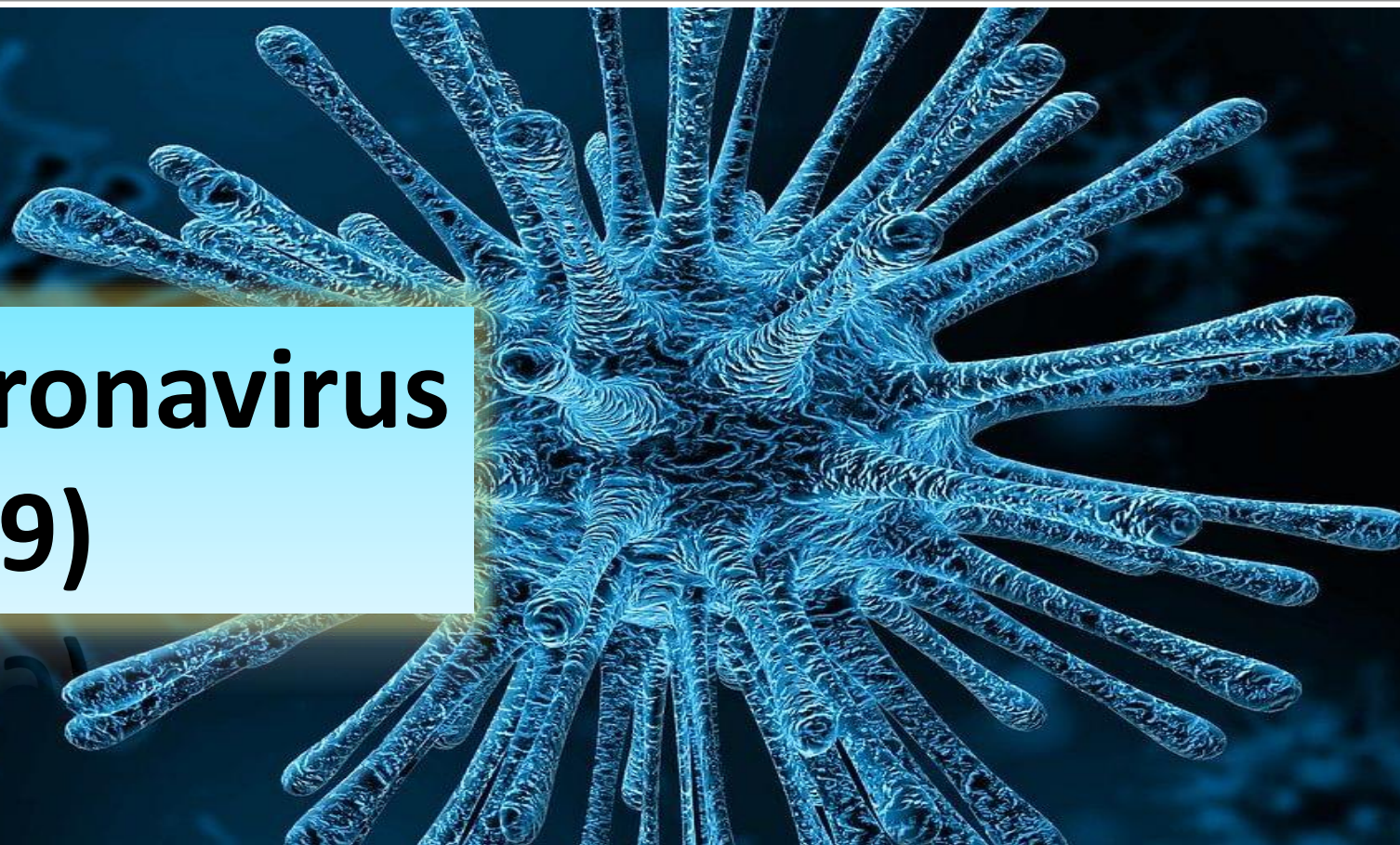




# Novel Coronavirus (COVID-19)





# What is Novel Coronavirus?

Coronaviruses are a large family of viruses that cause illness ranging from the common cold to more severe diseases. A novel coronavirus is a new strain that has not been previously identified in humans. Coronaviruses are zoonotic, meaning they are transmitted between animals and people.

# Symptoms of Novel Coronavirus



**AL-BAYAN**  
INTERNATIONAL SCHOOL  
مدرسة البيان الدولية

- **Fever**
- **Cough**
- **Shortness of Breath**
- **Breathing Difficulties**
- **In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.**

# How is Novel Coronavirus spread?



**AL-BAYAN**  
INTERNATIONAL SCHOOL  
مدرسة البيان الدولية

- The virus can spread when a sick person coughs or sneezes.
- The vast majority of reported cases have mild symptoms and are well enough to stay at home.
- As with influenza, elderly people and those with underlying health problems are more likely to develop serious illnesses that require hospitalization.



# To prevent infection

- **Avoid touching your eyes, nose or mouth with unwashed hands**
- **Wash your hands often with soap and water – or use an alcohol-based hand sanitizer**
- **Cough and sneeze into the bend of your arm or sleeve, or use a tissue, and be sure to cover your mouth; dispose of the used tissue in the garbage and wash your hands**
- **Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing.**
- **Thoroughly cooking meat and eggs.**
- **Clean and disinfect frequently touched surfaces**

# What do I do if I get sick?



**AL-BAYAN**  
INTERNATIONAL SCHOOL  
مدرسة البيان الدولية

- Isolate yourself from others at home and use a separate bathroom if available.
- Put on a surgical mask and if you don't have one, practice good sneeze/cough hygiene.
- Practice good hand hygiene; wash your hands for at least 20 seconds with soap and water or with alcohol sterilizers.
- Call a doctor or hospital and tell them your recent travel or close contact history.