AL-BAYAN INTERNATIONAL SCHOOL
مدرسة البيان الدولية

CIS INTERNATIONALLY ACCREDITED SCHOOL
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# KG/ES Bi-WEEKLY NEWSLETTER

12 October 2023

*2023-2024 Issue 4*

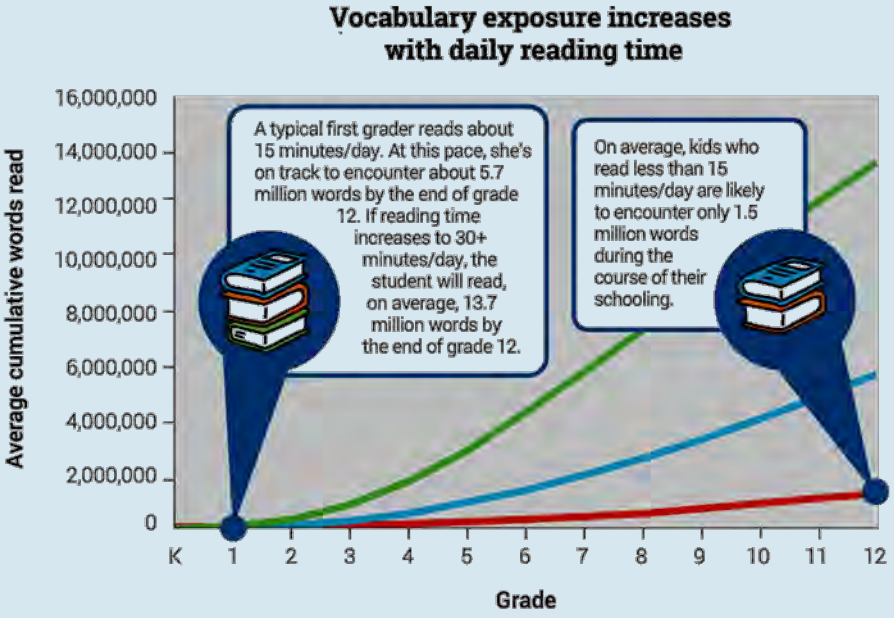
## Principal Message

Dear BIS Families,

Last newsletter, I shared some thoughts about attendance and why it matters. Clearly, the more students are in school the better. The situation is similar with reading. The more students read, the better. This week elementary students began MAP testing, which includes a reading test.

The following graphic illustrates what daily reading can do for students. To see the original article, please use this link. The article suggests that making daily reading practice a [school-wide] objective may be one of the most important things we can do for our students' long-term outcomes.

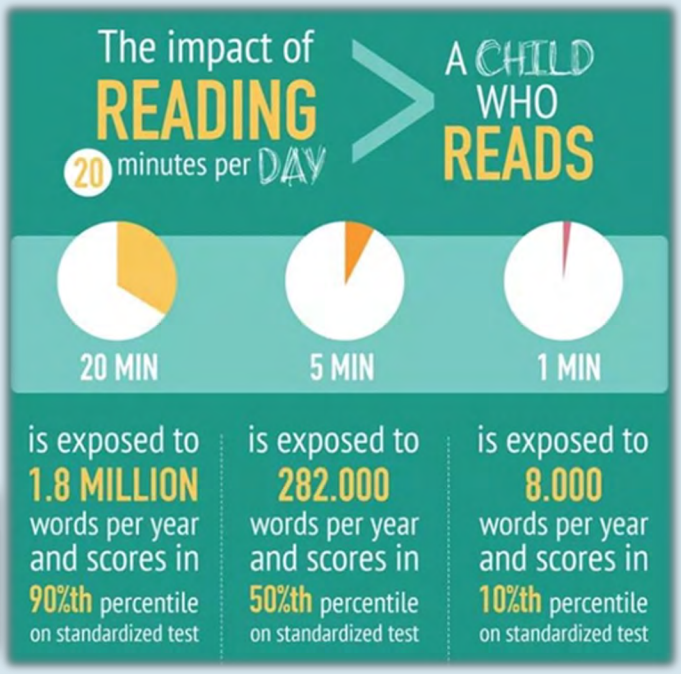
More reading means stronger/larger vocabularies, better comprehension, more creative thinkers, and more curious students, wanting to learn more. I remember when our children were young (KG and ES level), one of the absolute best times of the day was reading with our children before bed. Both our children continue to be avid readers as adults.




Another correlation is reading and performance on standardized tests. For ES, and especially KG students, going to University or College or another post-secondary institution is still a long way off. But they are likely to face admissions tests, which are standardized tests. So even reading in KG will have a cumulative effect that can help students as far into their future as post-secondary education.

Yours in learning,
*Mr. Sven*






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## BIS Clinic Message

Greetings from the Clinic!

The consent forms for the vaccinations for grades 5 and 12 and grade 6 girls have gone out. Please return them as soon as possible. We do not know when they will be coming and we do not get a lot of notice, so we need the forms back quickly. Vaccinations are an important part of the overall preventative health for your children. However, if you are not consenting to the vaccination, we need a "no" and a signature on the form. If you have any questions at all, do not hesitate to call the clinic and speak to one of the nurses.

We need your help to ensure students are bringing healthy lunches to school. We are trying to be a soda and energy drink free campus. Milk or 100% juice are healthy options for lunches. Packing fruit and vegetables will ensure that the kids are getting a healthy lunch to fuel their brains. We have also noticed that many students have carbohydrates in their lunches but are lacking in protein. Carbohydrate and protein together are the best way to fuel young brains for learning.

**Here are some healthy, balanced ideas for lunch:**
Tortilla rolled with turkey, spinach and labneh, a banana and water
Pita bread, hummus and fresh vegetables, yogurt, an orange and water
Chicken and rice with vegetables, yogurt and 100% fruit juice
Oatmeal muffin, cheese, carrot sticks, an apple and water
Salad with tuna, crackers, a pear and milk




Next week we will be starting our annual health screening for KG/ES students.

If you have any questions or concerns, do not hesitate to contact us.
Email: bisnurses@bis.edu.kw

*Ms. Heba* - ext. 8049 & *Ms. Kathy* - ext. 8019

## School Photos



School photos will be taken on **Tuesday, October 31, 2023 for KG/ES students.** Students' photo packages are available for 10 KD and can be ordered directly through the school. Students are expected to be in proper uniform on photo day, please do not wear the PE uniform.

If you would like to purchase the student School Photo Package, please complete the following information and return the attached letter by Sunday, October 15, 2023 to your child's homeroom teacher or by email to the email address: kges@bis.edu.kw.




- KG1 & KG2 Bell Schedule SY 23/24
- Gr 1-5 Bell Schedule SY 23/24
- KG1-Gr 5 Early Release Schedule SY 23/24



## Date to Remember: Oct. & Nov.



| | |
|---|---|
| **Oct. 19** | International Day |
| **Oct. 22-25** | ES Map Test |
| **Oct 25** | Marks cut-off for Q1 Progress Report |
| **Oct. 26 -29** | Mid-Semester Holiday |
| **Oct. 31** | School Pictures |
| **Nov. 6** | Q1 Progress Reports Sent Home |
| **Nov. 7-9** | Early Release @11:35 am/PTC 12:30-4:30 pm |
| **Nov. 21** | Early Release @11:35 am due PD |

TALA ALALI - KG1L
SAMI CRAIK—KG1S
ABDULAZIZ MUSALLAM - KG2M
AHMAD ALHELAL - KG2Y
JUDE ALQENAEI—Gr.1V
Maria Amir - Gr.1M
NAJLAA ALANSARI—Gr.2S
ZAYAN ALENEZI - Gr.2N
GHANIM HAMADAH -Gr.3S
ABDULLATIF ALOMANI—Gr.3M
AZZAM ALMUSALLAM - Gr.4G
AHMAD MOHAMMAD - Gr.4R
SAFANAH ALSALEH - Gr.5D
LUJAIN ABDULGHAFOUR—Gr.5W




## Parent Support

For any PowerSchool/Schoology support please reach out our ETM System Administrator thru ahmed.mohamed@bis.edu.kw

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## KG AFTER SCHOOL CLUBS

## October 2023
### Water Wonders

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|---|---|---|---|---|
| Paint with watercolors 1 | Discovery Science Centers with water 2 | Read Aloud and Bubbles 3 | Centers with water 4 | Water Games * Bring extra clothes 5 |
| Paint with watercolors 8 | Discovery Science Centers with water 9 | PD Day - No Clubs 10 | Centers with water 11 | Water Games * Bring extra clothes 12 |
| Paint with watercolors 15 | Discovery Science Centers with water 16 | Read Aloud and Bubbles 17 | Centers with water 18 | Water Games * Bring extra clothes 19 |
| Paint with watercolors 22 | Discovery Science Centers with water 23 | Read Aloud and Bubbles 24 | Centers with water 25 | Mid-Semester Holiday - No Clubs 26 |
| Mid-Semester Holiday - No Clubs 29 | Discovery Science Centers with water 30 | Read Aloud and Bubbles 31 | | |



**Student Motto: Be Safe, Show Respect, Work Hard, Finish Strong, Be You!**



## International Day

We are excitedly preparing for our upcoming International Day on Thursday 19th October, and we appreciate your enthusiastic support. We understand that many of you are looking forward to attending the performances by our talented students.

All performances will be held in the school gym, however, there will be limited seating for parents, due to the small space. We also request that parents arrive and leave on time to allow for smooth transitions between each school department. After the performances, each class will return back to their classroom.

- KG/ES will have their performances from 7:30 am - 9:00 am
- MS will have their performances from 9:10 am - 10:15 am
- HS will have performances from 10:20 am -11:40 am

Parents will be given an opportunity to view the different classrooms from 12:00 pm - 2:00 pm. Each classroom will be beautifully decorated to showcase a different country or culture, and your child's teacher will be delighted to share the work and projects they've been diligently working on. We encourage you to take advantage of this unique opportunity to celebrate the diverse cultures and talents of our school community. Parents may also collect their children during these times, however, your children must remain with you at all times once collected from the homeroom teacher. All other students will be with their homeroom teachers until they are collected or until dismissal.



If you have any questions or concerns, please feel free to contact Mr. Jeff (jeffery.chan@bis.edu.kw). we look forward to celebrating International Day with you and your child.

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## Arrival & Dismissal




Please keep in mind that the morning arrival time is from **7 to 7:15 AM** for all students.

Grade 3-5 students use Gate 1. At 2:10 PM parents will be able to enter the school and meet their child in the main foyer area. Students will not be dismissed during the last half-hour of instruction (after 1:40 PM) unless pre-arranged.

For dismissal, Grade 1-2 students generally use Gate 1, but can also use Gate 4 as this is closest to where they line up. Students will not be dismissed during the last half-hour of instruction (after 1:40 PM) unless pre-arranged.

KG students use Gate 4. Students are dismissed directly from their classrooms to a parent/caregiver at 12:30 PM. Students will not be dismissed during the last half-hour of instruction (after 12:00 PM) unless pre-arranged.

## COUNSELOR






Dear Parents,

In honor of **Mental Health Week** and as part of our school-wide initiative to promote mental health awareness, we would like to share some valuable tips to help align home practices with school practices. Supporting your child's mental well-being is a collaborative effort; together, we can create a nurturing environment where they can thrive.

I. Encourage open communication with your child, validate their feelings, and listen without judgment.
II. Establish daily routines that include physical activity, adequate sleep, and healthy nutrition.
III. Limit screen time and create opportunities for face-to-face connections.

Lastly, be a role model for self-care, demonstrating the importance of seeking help when needed. Working together can foster a culture of empathy, resilience, and mental wellness in our school community. "

*Ms. Jana*

## Run Kuwait

It will be at Murouj on the 11th of November. Click on the website to register for Run Kuwait.




## Canteen

- Grade 1 on Sundays
- Grade 2 on Mondays
- Grade 3 on Tuesdays
- Grade 4 on Wednesdays
- Grade 5 on Thursdays

## The winner for the Year Book Design Competition.




**Congratulations to Option 3**

## دعوة لملتقى أولياء الأمور - الجمعية الكويتية لاختلاف التعلم

تود الجمعية الكويتية لاختلافات التعلم بدعوتكم لحضور ملتقى أولياء الأمور العاشر تحت عنوان: **"قصور الوظائف التنفيذية بين الفهم والتعايش الأمثل؛ تطبيقات عملية "**
لذوي اختلافات التعلم (صعوبات التعلم واضطراب تشتت الانتباه وفرط الحركة)

اليوم: السبت / التاريخ: 18 نوفمبر 2023
المكان: مبنى الجمعية الثقافية النسائية – الخالدية – ق 2 – ش 28

للتسجيل يرجى الضغط على اللينك

مرفق إلى حضراتكم جدول الملتقى والمحاور

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## Notice

The Quarter 1 "marks cut-off" is October 25. We have a marks cut-off in order to finalize marks and comments for the quarter, as well providing time for printing and preparing the reports. It is not realistic to have students turn in late (or missing) work only a few days before progress reports are issued, therefore we have a marks cut-off. Please check PowerSchool for your child(ren)'s marks. This will also show any missing or incomplete work. If you have any questions, please contact your child(ren)'s teacher(s).







**BIS School Calendar SY 23/24**

Uniforms can only be purchased online by **clicking here.** The Uniform Center will **only be opened** for fitting sizes and **exchange**. The regular working timings are as the following:




- Saturdays: 10:00 am – 3:00 pm
- Tuesdays: 3:30 pm – 6:30 pm




## Pink Day

October is Breast Cancer Awareness Month. BIS encouraged students and staff to wear their pink ribbons this month and take part in our annual Pink Day Fundraiser. Pink Day was today, Thursday, Oct. 12. Students donated a minimum of 1KD for free dress day and an ice cream to support the cause awareness.




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