AL-BAYAN INTERNATIONAL SCHOOL
مدرسة البيان الدولية

CIS MEMBER
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www.bis.edu.kw
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MS/HS Bi-Weekly Newsletter

27 September 2023

2023-2024 Issue 3

Principal Message:

Dear parents,

As you will be aware, Al-Bayan International School has been transitioning in recent years in terms of the program it is offering. It has moved from the old to the new program, the latter of which now operates Kg to Grade 9. This new approach necessitates changes to both our curriculum and assessments, as we work towards meeting the expected standards for each grade level.

This will be a long journey achieved with small steps, the first of which will be a meeting on **Sunday 1st October at 07:30 in the Co MPR,** for the parents of our Middle School students. We will be discussing how best to adjust our assessments in Middle School English and Math so that they better reflect the expected standards.

We would very much welcome parents to attend this session and share their thoughts, so we can work together to achieve the goal of standards based assessments.

MAP Testing
From October 1st to the 5th our Middle and High School students will be undertaking MAP testing to assess reading, language usage and mathematics. As such please ensure your children are in school on time and well rested so they can perform to their full potential on this important assessment. Your support in this matter is greatly appreciated.

Photos
On the 31st October and 1st November we will be taking our photos for the school yearbook. On these days please make sure that your children are wearing their school uniform correctly, ready for these photos.

Homework
Homework is an important part of school life, as it fosters self discipline, provides extra practice and informs parents about the work your children are completing in school. We are very grateful to parents for their support in ensuring homework is returned on or before the due date. However, occasionally homework comes in late.

Previously it has been the policy of the Middle and High School that for each day a piece of homework is late, 10% will be removed from the grade up to a maximum of 30% after 3 days.

This year this policy will continue but with the additional clause that after a week of being overdue a score of zero will be recorded. This will also apply to projects. Teachers will do their best to regularly remind students about work that is due, so hopefully this will not need to be enacted. Thank you again for your support in this matter.

Warm regards,

Dr. Matt , MS/HS Principal



Dates to Remember & Important Notes:

Gate 2 open at 7:00 am. School starts at 7:15 am. After 7:30am students will be counted as absent unexcused
Thursday, Sept. 28, NO SCHOOL/ Prophet Mohammad's Birthday (PBUH).
Sunday to Thursday, Oct. 1 - 5 MS/HS MAP Testing for MS/HS students.
Thursday, Oct. 5, pastries with principals all school levels at 7:45 am - CO MPR.
Tuesday, Oct. 10, Students Early Release @11:40 am/Staff PD.
Thursday - Sunday, Oct. 26 -29 Mid Semester Holiday. School resumes on Monday, Oct. 30 Normal school hours.
You are requested to check Schoology weekly for any *important information,* as well as keep up to date on any assessments and homework for the week.
Attached Arabic/Islamic quizzes schedule.

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Note from Clinic:

THE Nurse NOTE

Getting a good night's sleep is very important for your child's health. Getting enough good quality sleep is important for learning, mood and overall health.

1. Be active during the day
   - Physical activity can help improve your mood and ease stress
2. Avoid caffeine and water near bedtime
   - Caffeine is in coffee, tea and energy drinks
   - Limit how much caffeine you have during the day
   - Avoid caffeinated drinks in the evening
   - Drinking a lot of water near bedtime can affect sleep for bathroom trips
3. No electronics
   - The light from devices tricks the brain into thinking it is daytime
   - Avoid electronics (phones, tvs, video games) for at least half an hour to an hour before bed
   - Unwind by reading, writing in a journal, meditating or anything that feels relaxing to you
4. Keep a Sleep Routine
   - Going to bed at the same time every night helps the body expect sleep
5. Expect to sleep well
   - Stress triggers insomnia, so the more you worry about not sleeping the harder it will be to sleep
6. Create a good environment for sleeping
   - Keep bedroom dark, quiet and a comfortable temperature
7. Avoid large meals close to bedtime
   - A small snack can help sleep but a large meal can cause heartburn or upset stomach

Everyone has trouble sleeping once in a while. If it is a nightly thing and you have tried the suggestions, talk to your doctor.

From Sept 27 to Oct 3, Nurse Kathy will be away from the clinic and we would like to welcome Nurse Delecta from BBS who will be covering the clinic. Some of you will remember Nurse Delecta as she was at the school in SY 21-22 for 6 months. Please make sure to use the clinic email so that no emails are missed while Nurse Kathy is away.
If you have any questions or concerns, do not hesitate to contact us.

Email: bisnurses@bis.edu.kw or Ms. Heba ext 8049, Ms. Kathy ext 8019

Thank you,

Ms. Heba and Ms. Kathy

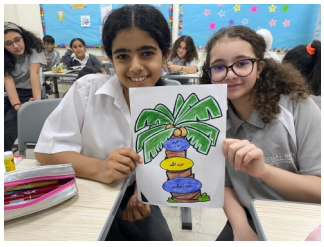
The BIS updated calendar 2023- 2024 has been posted on our website and can be accessed by visiting Calendar SY 23-24.







Grade 6 and 7 with Ms. Ola had an activity related to the celebration of the prophet Mohammed birth (PBUH).



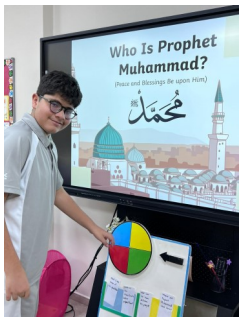


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hello middle SCHOOL

Grade 6 and 7 in AFL class with Ms. Mariam made a presentation and games related to the prophet Mohammed birth (PBUH).

Uniform Center:

Uniforms can only be purchased online by **clicking** here. The Uniform Center will **only be opened** for fitting sizes and **exchange**. The regular working timings are as the following:

- Saturdays: 10:00 am – 3:00 pm
- Tuesdays: 3:30 pm – 6:30 pm

All students must be in uniform at school.

Parent Support: For any support with PowerSchool or Schoology, please contact: Mr. Ahmed | ETM System Administrator ahmed.mohamed@bis.edu.kw

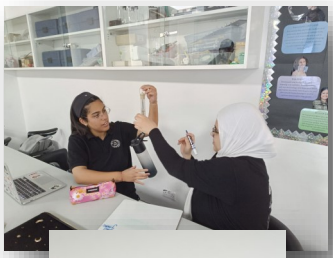
PowerSchool schoology

Grade 7 and 8 with Ms. Karima completing their work in Arabic class.





Seniors using Newton Meters to measure the weight of various objects around the room. They recorded their findings in their whiteboards and shared their findings with the class.





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Click here for MS Bell Schedule SY 23-24

BELL SCHEDULE

Click here for HS Bell Schedule SY 23-24

Click here for Early Release Schedule MS/HS SY23-24

Students Activities :

⇒ **Run Kuwait is happening again. It will be at Murouj on the 11th of November. There is currently an early bird special. 10KWD for adults and 5KWD for students aged 5-13 years. Click on the website to register for Run Kuwait.**



Communication:

If you need to meet any teacher, Mr. Rob, or Dr. Matt, we are always happy to speak with you. However, unless there is an emergency, please make an appointment.

Please contact BIS 22052822 on ext. 8000/8040 front desk .





HS students working in the library.

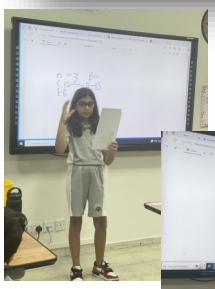
Important note:

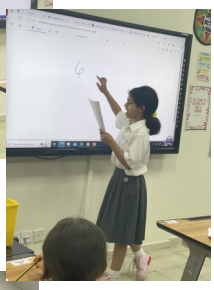
Please note that students are *not allowed to receive food orders in school except by prior arrangement with Administration.*

Food orders that are sent to school will be returned to the provider.

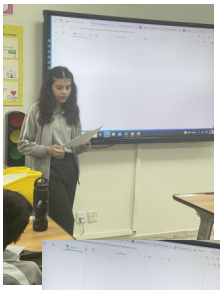
Your cooperation with this is much appreciated.

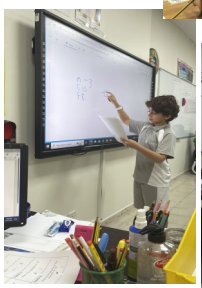


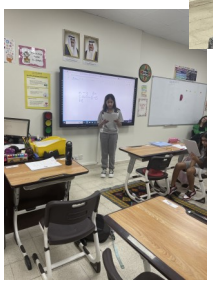
















Future math teachers explain integers and absolute value to their classmates.



ANNOUNCEMENT

student COUNCIL

Student Council Food Drive:

Students are invited to bring food for the fridge at gate 1.

Sunday : Grade 6
Monday: Grade 7
Tuesday: Grade 8
Wednesday: Grade 9 and 10
Thursday: Grade 11/ and Grade 12

The food can be left at Ms. Angelique's class.

Your help with this is much appreciated.

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