AL-BAYAN INTERNATIONAL SCHOOL
مدرسة البيان الدولية

CIS WE ARE AN ACCREDITED SCHOOL

Tel.: (+965) 22052822
www.bis.edu.kw
Follow us on Social Media:

# KG/ES WEEKLY NEWSLETTER

**15 September 2022**

*2022-2023 Issue 2*

## Principal Message

Dear BIS Families,

There are many firsts during the first week, weeks and month of school. This week we had a very important event for school: our first ES assembly. The purpose of the assembly was to help students continue to learn our **School Rules**, our **5 Step Problem Solving Process** and our **Student Motto**. Yesterday, we also said the student motto just before the gate was opened for dismissal. Perhaps you heard this?

During the assembly we reviewed the connection between the BIS Good Habits, BIS Common Expectations and the school rules. All of these combine to help students learn expectations for polite, respectful and responsible behavior. They also help form good habits that will help them not just in KG and ES, but into Middle and High School, post-secondary and into their working lives.

Our school rules are worded in such a way that they are positive reminders.




**BIS School Rules**

1. Be on time, prepared and ready to work.
2. Keep your hands, feet and body to yourself.
3. Show respect by being polite and cooperative.
4. Take care of everyone's property.
5. Work and play safely and responsibly in and out of the school.

If your child(ren) have not yet told you about the school rules, please ask them. In the next newsletter, I will list the "5 Step Problem Solving Process" and give a short description of why it is important, and how it can help.

We are looking forward to another very exciting and important event this upcoming week: Open House! It has been 3 years since our last open house. We are looking forward to welcoming you, dear parents, into the school!

Yours in Learning,
*Mr. Sven*

## Arrival & Dismissal

Please keep in mind that the morning arrival time is from **7:00 to 7:20 AM** for all students. **At 7:25 AM** students are marked late.




ES students use Gate 1. Students will not be dismissed during the last half-hour of instruction (after 1:30 PM) unless pre-arranged.

KG students use Gate 4. Students are dismissed directly from their classrooms to a parent/caregiver at 12:30 PM. Students will not be dismissed during the last half-hour of instruction (after 12:00 PM) unless pre-arranged.

## Changing Students' School Gmail Accounts

Parents, please do not change your students' password or log-in information on their school based Gmail accounts. Over the last few days, several students have not been able to access their school accounts because password and/or log-on credentials were changed. This results in students not being able to sign onto their Gmail accounts, and they cannot participate in IT class, or access their Google drives or Schoology accounts.

## Dates to Remember: September

- **Sept 21** Open House 6:00-8:00 PM

**Mission Statement**: Al-Bayan International School personalizes learning to achieve intellectual and individual growth of all students, empowering them to impact their community.

**RESPECT • EMPATHY• SELF-DISCIPLINE**

AL-BAYAN INTERNATIONAL SCHOOL
مدرسة البيان الدولية

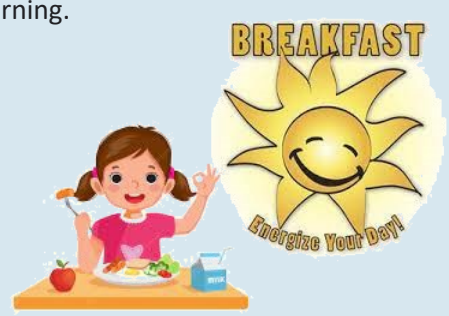
Tel.: (+965) 22052822
www.bis.edu.kw
Follow us on Social Media:

## BIS Clinic Message

As we see students in the clinic we are finding that there are a number of students that do not eat breakfast and some that also do not eat lunch. They are coming to the clinic with complaints of being tired, having a headache and even dizziness. It is very important for students to always eat breakfast, even if it is something small: a banana, a piece of toast or an egg. Numerous studies have shown that eating breakfast fuels the brain and improves learning.

**Reasons Why You Should Eat Breakfast Every Day**

- Improves Concentration and Focus
- Helps Lift Your Mood
- Helps Manage Your Appetite
- Helps Your Heart
- Improves Academic Performance
- Aids in Weight Management
- Boosts Your Immune System




If your child is away sick, they require a medical note after 3 days in order to be medically excused. Otherwise, PowerSchool will only be marked absence excused.

Sick leave forms can be found on the school website, picked up in reception or emailed from the nurse.

Just a reminder to return your health forms as soon as possible. Being aware of and understanding any health issues students have enables us to provide safer care while at school.

Clinic email is bisnurses@bis.edu.kw

Thank you and we look forward to working with you,

*Ms. Kathy and Ms.Heba*

## KG/ES Medical Students Forms

Reminder to all parents who did not submit the attached SY 22-23 forms, please sign and return by **Sunday, September 18th, 2022.**




You can return by bringing it to front desk, or to the homeroom teacher.

## BIS SY 22-23 School Calendar

## BIS Year Book for SY 2021-2022




You can get your memory book from BIS reception office, Ms. Alyaa and Ms. Kholoud are available from 7:00 am - 2:30 pm from Sunday to Thursday. Payment is KD 20 cash only.

## NESA 2022-2023

NEAR EAST SOUTH ASIA
COUNCIL OF OVERSEAS SCHOOLS

BIS families are welcome to register and join NESA 2022-2023 Parents as Partners Virtual Series Poster . For more details kindly find the attachment.

## Parent Support

For any support in PowerSchool or Schoology please send an email to ETM System Administrator.
ahmed.mohamed@bis.edu.kw

**Mission Statement**: Al-Bayan International School personalizes learning to achieve intellectual and individual growth of all students, empowering them to impact their community.

**RESPECT • EMPATHY• SELF-DISCIPLINE**

AL-BAYAN INTERNATIONAL SCHOOL
مدرسة البيان الدولية

WE ARE AN ACCREDITED SCHOOL

Tel.: (+965) 22052822
www.bis.edu.kw
Follow us on Social Media:

## Counselor's Corner

Welcome back! It's that time of the year again! Kids can have a tough time making the back-to-school transition. As with any new or unsettling situation like starting school for the first time or entering a new grade or new school- give kids time to adjust and follow those useful tips:

How to get your child less anxious about going back to school



- Do not pass on stress to your kids
- Acknowledge your child's anxiety
- Set a routine when preparing for back to school
- Listen carefully and actively when kids express anxiety about going back to school
- Validate your child's concerns and use supportive words. For example, you can try saying, "You may feel nervous or scared about going to school, and that's OK. You can get through it, and I'm here to help."
- Remind your child of any previous situation that led to feelings of anxiousness in the beginning, and then things turned out well.
- Reach out to friends who may be in the same class and set up playdates to help ease worries.
- Let your child know that the end of summer doesn't mean the end of fun. Plan a few upcoming weekend activities with summer friends or family in the first few weeks of school.

Thank you!
*Ms. Jana*




## BIS Front Desk

You are welcome to contact BIS on ext. 8000 or 8040 and on School WhatsApp 22052822

## You can use the code that is in the attached Run Kuwait 2022 Flyer for registration




**Mission Statement**: Al-Bayan International School personalizes learning to achieve intellectual and individual growth of all students, empowering them to impact their community.

**RESPECT • EMPATHY• SELF-DISCIPLINE**