AL-BAYAN INTERNATIONAL SCHOOL
مدرسة البيان الدولية

CIS WE ARE AN ACCREDITED SCHOOL

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# KG/ES WEEKLY NEWSLETTER

**28 April 2022** *2021-2022 Issue 32*

## Principal Message

Dear BIS Families,

One of the absolute highlights this month was Gerge'an. I have never before experienced such a tradition. I commented on the kindness and generosity you have shown last week, for which I am deeply grateful. As a parent, I realized that children learn more by example than by what they're told - and so the students (children) are learning values such as a respect for tradition.

While not strictly speaking a "tradition", MAP testing is an important part of what happens on a regular basis at BIS. This is now complete, and over the next several days we will be reviewing results. Shortly after Eid Al-Fitr, students will find out which goals they successfully achieved.

When we return from Eid Al-Fitr, there will only be a few weeks of school left. Nevertheless, we are excited to be able to have after-school activities once again. If you are interested in this opportunity, there is more information, such as how to register, in this newsletter.






I started this note with a highlight, and am ending with another highlight. One of the absolute best times of every month is presenting certificates to students. This month we recognized the student of the month in Specialist classes (Arabic, Islamic, IT, PE, Music, Art) and the overall student of the month. I am very proud of the work our students are doing!

Yours in Learning,

*Mr. Sven*




## Message from Nurse Heba Re: DT Vaccine Registration for Gr.5

Ministry of Health (School Health Department) has launched the annual regular vaccination campaign for 5th grade (boys and girls) **DT vaccine (booster dose): diphtheria and tetanus.** Please register your children at the following link to make an appointment:

https://eservices.moh.gov.kw/SPCMS/SchoolVaxRegistrationAR.aspx

**Note:** Ramadan timing in health centers are from **8 pm to 12 am**. Normal days are from **5 pm to 9 pm** except Friday & Saturday.



## Elementary After-School Activities Program

Al-Bayan International School is excited to welcome families to register for Section B After-School Activities Program. It will start on May 8 until June 8, 2022 for grade 1-5 students. Please fill the attached form to register as the due date is on May 12, 2022.

## Dates to Remember: May



- **May 1 –5** Eid Al-Fitr holiday
- **May 8** School resumes— regular schedule
- **May 15 - 25** Arabic & Islamic education tests

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| KG Bell Schedule Gate 4 Opens @7:00 am | |
|---|---|
| 7:00-7:24 | Arrival |
| 7:25-7:55 | Period 1 |
| 7:57-8:27 | Period 2 |
| 8:29-8:59 | Period 3 |
| 9:01-9:16 | Break |
| 9:20-9:50 | Period 4 |
| 9:52-10:22 | Period 5 |
| 10:24-10:54 | Period 6 |
| 10:56-11:26 | Break |
| 11:30-12:00 | Period 7 |
| 12:02-12:32 | Period 8 |
| 12:35 | Dismissal |

| ES Bell Schedule Gate 1 Opens @ 7:00 am | |
|---|---|
| 7:00-7:24 | Arrival |
| 7:25-7:55 | Period 1 |
| 7:57-8:27 | Period 2 |
| 8:29-8:59 | Period 3 |
| 9:01-9:16 | Break |
| 9:20-9:50 | Period 4 |
| 9:52-10:22 | Period 5 |
| 10:24-10:54 | Period 6 |
| 10:56-11:26 | Break |
| 11:30-12:00 | Period 7 |
| 12:02-12:32 | Period 8 |
| 1:06-1:21 | Break |
| 1:25-1:55 | Period 10 |
| 2:00 | Dismissal |



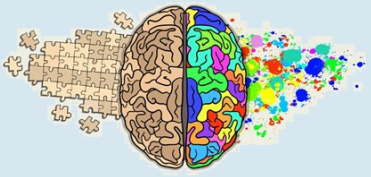

| | |
|---|---|
| Sabah Al Sabah | KG1 R |
| Fay Al Naser | KG1 S |
| Sia Subba | KG2 M |
| Mohammad Al Ali | KG2 S |
| Yasmina El Hage | Gr.1 V |
| Amir El Kudssi | Gr.2 M |

| | |
|---|---|
| Suad Alluhaib | Gr.2 S |
| Khaled Al Rujaib | Gr.3 D |
| Loulwah Al Qassar | Gr.3 M |
| Sara Esmaiel | Gr.4 R |
| Laila Alderees | Gr.4 W |
| Faris Khalaf | Gr.5 J |
| Zaheen Palsha | Gr.5 N |




## Promoting Cognitive Flexibility in your Child

**"Thinking Flexibly"** is one of the BIS good habits and an essential executive function skill to nurture early in your child. It allows them to change perspective and think of problems in a different way. Developing cognitive flexibility enhances children's learning abilities by enabling them to let go of old learnings and embrace new ways of approaching things.



To enhance your child's cognitive flexibility skills, you can consider:

- **Teaching your child how to logically talk through a problem alone** (e.g. self-talk) in order to choose the best solution, instead of running to you for it.
- **Changing the rules of a familiar game** to teach your child how to adapt to new situations and continue to have fun despite the change.
- **Telling jokes to your child.** This will teach them how one phrase or sentence may have many subtleties and nuances that are not immediately apparent.
- **Mixing up the routine** to help your child see that it's okay to do things differently.
- **Encouraging your child's effort** even when they make a mistake.
- **Encouraging pretend play** as it develops your child's ability to see things and situations from someone else's perspective.

**By Educational Psychologist, Ms. Zeina**




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